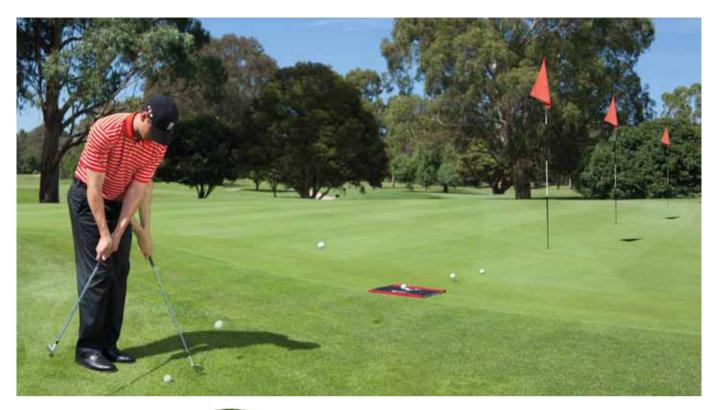
STROKESAVERS WITH STEVEN GIULIANO

THE LANDING ZONE Hitting specific landing zones when chipping

In this month's Strokesavers, we continue to show you better ways to target your practice to get you into the scoring zone. In this article we look at a competitive chipping drill, which will get you focused on hitting a specific landing zone when chipping onto the green.

This landing zone drill is a scoringbased exercise designed for the intermediate to tour player. The purpose is to encourage you to focus on a specific landing spot when chipping onto the green. The idea is that you can accurately predict the roll of the ball on landing, thus allowing you to use a variety of clubs when chipping to judge the carry versus roll.





LANDING ZONE – SCORING SHEET							
DATE	CLUB Used	SCORE /10	CLUB Used	SCORE /10	CLUB Used	SCORE /10	TOTAL /30
AVG							

REQUIRED

• 10 balls

- Three separate clubs recommended SW, 9-iron and 7-iron
- Four ball markers or coins to mark out the landing zone
- Chipping area between 10 to 25 metres long

SET-UP

• Mark a 12 to 24 inches (60 to 120cm) diameter landing zone (depending on your ability) on the front part of the green using the ball markers or coins (see image).

COMPLETION

- From two to four metres off the green, attempt to chip 10 balls into the zone with each of the three clubs chosen.
- Record how many times the balls land in the zone with each club and attempt to better this score the next time you complete the exercise.

KEY

When working on the landing zone drill, adopt the thinking of one basic swing while varying the club, versus one club and varying the swing. If you don't have much time to practice, then work on this concept ensuring that you keep the airtime to a minimum and ground time to a maximum.

Good luck and I look forward to sharing another competitive scoring drill with you in the next issue!



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