





STROKESAVERS WITH STEVEN GIULIANO

CHIPPING AWAY

This easy, moderate and hard chipping drill will help get up and down more often

In this issue, we continue to show you ways to target your practice to get you into the scoring zone.

Here's an interesting and challenging competitive chipping drill starting from a simple short chip from the edge of the green, then progressively moving to a more challenging distance and finally a shot from the rough.

The 'easy, moderate, hard chipping drill' is a time-based drill designed for the advanced player and tour professional. The purpose of this drill is to encourage competitive practice while setting some mini-goals along the way.

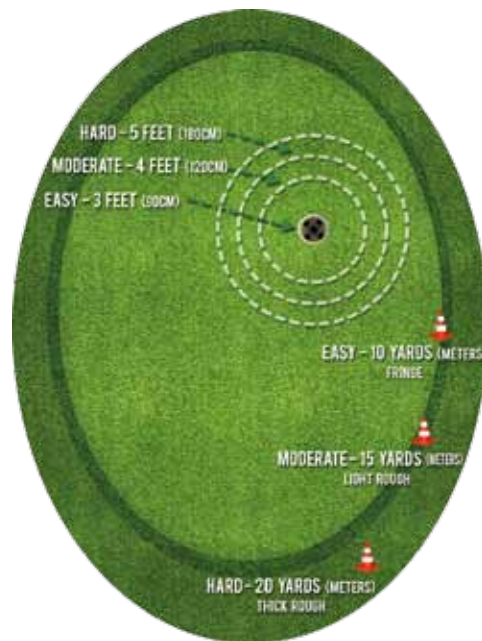
As this is a time-based drill, it will challenge you to stay focused on completing the task with a specific goal in mind.

REQUIRED

- 10 balls
- 10 ball markers or coins to mark out your target zone
- 3 different clubs – ranging from sand wedge to 7-iron
- Chipping area between 10 and 25 metres

SET-UP

- Choose a club or multiple clubs for chipping.
- Set your target zone as outlined in the image on the right. For the easy shot, set a tight target of three feet (90cm) and progressively widen the zone as the distance increases.
- Use the distance and table chart shown below as a guideline when completing the drill.
- Choose easy, moderate and difficult situations around the green for chipping. This can be related to the length of the shot or the difficulty of the lie.



COMPLETION

- Chip 10 balls from each position and set a maximum dispersion from each position.
- Completion of this drill is over a time period, so ensure you finish all shots within your chosen distance/position.
- Record the time it takes to complete the drill and work at bettering this time.

DISTANCE AND TARGET TABLE		
LEVEL	DISTANCE AND DIFFICULTY	TARGET
EASY	10 YARDS (METRES) FRINGE	To complete the easy level, you must hole two shots with a maximum dispersion of 3 feet (90cm) for the remaining balls.
MODERATE	15 YARDS (METRES) LIGHT ROUGH	To complete the moderate level, you must hole one shot with a maximum dispersion of 4 feet (120cm) for the remaining balls.
HARD	20 YARDS (METRES) THICK ROUGH	To complete the hard level, you must finish all 10 balls within a maximum dispersion of 5 feet (150cm).



Australian PGA AAA-rated professional **Steven Giuliano** is based at the Impact Elite Golf Academy at The Mines Resort & Golf Club as the Director of Player Development & Education. He is regarded as one of the top instructors for developing amateurs and professionals in the Asia Pacific region. For more information, log on to www.sggc.com.au or email steven@sggc.com.au